

CONTACT US IF

You are a parent and you are having a hard time coping with your child's sexual orientation and/or gender variance, if you think you need help dealing with your feelings and would like to talk to other people who have experienced something similar

You'd like to talk about your sexual orientation or gender identity with your family but you don't know how to do it or you are afraid of their reaction

You are a teacher or educator and you believe in a culture of respect that celebrates all individuals

You are part of the institutions and you care about the health, safety and well-being of everyone (families, teenagers and young people), and therefore of the entire community

You share our commitment and you would like to participate in our initiatives

WHAT YOU CAN DO

- **Become an activist** and work with us on our local projects
- **Become our ally** and share our contents and events on social media and spread the word
- **Make a donation** via **bank transfer** to **Agedo nazionale**
IBAN: IT84E0503401739000000025638
BIC/SWIFT: BAPPIT21668
- **Donate** your **5X1000** when completing your tax return (for the Italian tax system)
- **Make a tax deductible donation** to A.GE.D.O. and claim it on your tax return (for the Italian tax system)

Agedo national headquarters

Registered office: Via Bernardino Lanino, 3 - 10152 Turin, Italy

Administrative office: Via Bezzecca, 4 - 20135 Milan, Italy

Tax code: 97783340017

For **more information** visit www.agedonazionale.org

or **write us an email:** info@agedonazionale.org

You can also find us on **Facebook** @agedo.nazionale

Follow us on **Instagram** @agedo.nazionale

WWW.AGEDONAZIONALE.ORG

WHO WE ARE



A.GE.D.O., Association of parents, families and friends of lesbian, gay, bisexual, transgender, and + people, was founded in 1993 by Paola Dell'Orto to **listen to, support and provide information to other parents** who, just like herself, came to learn of their child's homosexuality and to create a **network of support and dialogue for families who are currently facing this challenge.**

Today A.GE.D.O. is open to families and friends of all people in the LGBT+ community

A.GE.D.O. is socially engaged **to fight and eliminate stereotypes, prejudices and fears** relating to sexual orientation **and gender variance**, with the goal of **educating on respect** for LGBT+ people.

A.GE.D.O.:

- **Offers** a safe place where people can talk openly and share their experiences.
- **Develops** projects aimed at informing and raising awareness for schools, corporations, institutions and citizens.
- **Fosters** a culture based on relationships as well as on celebration of diversity.



WHAT DOES SEXUAL ORIENTATION MEAN?

Each person is unique and has the ability to feel attracted to another person, in other words their sexual orientation. The different types of sexual orientation include:

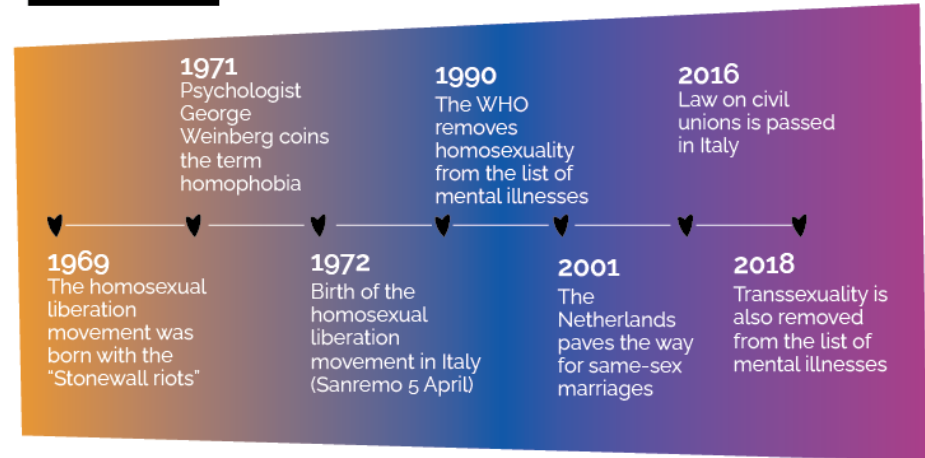
- **Heterosexuality:** a woman who loves and is attracted to a man or a man who loves and is attracted to a woman.
- **Homosexuality:** a woman who loves and is attracted to another woman or a man who loves and is attracted to another man.
- **Bisexuality:** a woman who loves and is attracted to both men and women or a man who loves and is attracted to both women and men.
- **Pansexuality:** a person who loves and is attracted to somebody regardless of their sex or gender.
- **Asexuality:** a person who does not experience towards individuals of any gender.

WHAT DOES GENDER IDENTITY MEAN?

Each person is assigned a gender at birth, male or female. However, not everyone identifies with the gender recorded on their birth certificate. Some people even do not identify at all with either of the two gender possibilities. That is why more and more often we hear about gender identity. Here are some gender identities:

CISGENDER	A person whose gender identity matches the biological sex they were assigned when they were born. (e.g. a female person who identifies as a woman).
TRANSGENDER BINARY	A person who feels the need to transition from one gender to another because they do not identify with the gender assigned at birth (e.g. a person who was assigned male at birth but identifies as female).
NON-BINARY TRANSGENDER	A person who rejects the clear distinction between male and female identities, or the "gender binary", and identifies with both some male and some female traits at the same time, in spite of the personal gender assigned at birth.
AGENDER	A person who does not identify with any gender.

TIMELINE



WHAT DOES LGBT+ MEAN?

L **Lesbian**, word used for women who are attracted to other women.

G **Gay**, meaning men who are attracted to other men.

B **Bisexual**, identifies people who are attracted to both men and women.

T **Transgender**, people who do not identify with the assigned gender at birth.

+ This **symbol** is used to include **all people** whose identities do not fit typical binary notions of male and female.

Among the best known abbreviations we can mention:

Q **Queer**, a term used to describe people who think of their sexual orientation or gender identity as outside of societal norms. Often used as a more fluid and inclusive term than the previous traditional categories.

I **Intersex**, someone who is born with a combination of primary and secondary sexual characteristics that do not fit typical binary notions of male or female bodies.

A stands for **Asexual**, people who do not feel sexual attraction, **Aromantic**, people who do not feel sentimental attraction and **Agender**, people who do not identify with any gender, some describe it as having a "lack of gender," while others describe themselves as being gender neutral.